VOTER REGISTRATION INFORMATION

Office Location of the:
Cumberland County Board of Elections
227 Fountainhead Lane
Fayetteville, NC 28301
910-678-7733

You may register to vote in Cumberland County if you are:

☐ A citizen of the United States (if convicted of a felony, citizenship rights must have been restored);
☐ A person 18 years of age or older;
☐ A legal resident of Cumberland County for 30 days by the date of the next election.

Cumberland County has a permanent registration system. You need to register, transfer, or reregister ONLY if you:

☐ Have not registered in Cumberland County before;
☐ Have moved to and registered to vote in a different county or state;
☐ Have moved to a different voting precinct since you registered in Cumberland County. If you move, it is a violation of the law to return to your old precinct and vote after 30 days;
☐ Wish to change your party affiliation;
☐ Have changed your name.

A voter registration card will be mailed to you once your registration application has been processed. The registration form must be postmarked 25 days before election or delivered to Board of Elections office no later than 25 days before election in order to be good for that election. Registration may be placed in an inactive status if a voter card is returned by the Postal Service as undeliverable. So, ensure you reflect a valid (good) and correct address.

CONTINUED ON PAGE 2
Your Signature is Required When Voting

Party Affiliation
When you register, you will need to declare your party affiliation. (for example Democrat, Republican etc)

Registration Locations
You may download a registration application from the NC State Board of Elections website or visit one of the locations below in Cumberland County:

- Board of Elections Office, 227 Fountainhead Lane (Monday through Friday, 8 a.m. to 5 p.m.);
- At any of Cumberland County's public libraries during regular hours;
- At various public locations including registration drives;
- Department of Motor Vehicles; and

In addition, you may change your address by filling out the back of your voter registration card and returning it to the Board of Elections. Card must be postmarked 25 days before election or received in the Board of Elections office by 5 p.m. 25 days before election.

Submitting your Registration Application
You must mail or deliver your registration application in person with your original signature if you are registering to vote for the first time in your county of residence or if you are changing your party affiliation. If you are changing your name or address within your current county of registration, you may also fax or email a scanned image of your signed application. You may give your signed application to another person to deliver on your behalf.

Identification Requirements
Registration ID: Under federal and state law, if you apply to register to vote and do not provide a valid identification number in Section 3 on the application, you must enclose a copy of one of the following documents with this application:

- A current and valid photo ID
- A current utility bill, bank statement, government check, paycheck, or other government document that shows your name and address

If you do not provide a valid form of identification, you will be asked to show ID the first time you present to vote.

IMPORTANT NOTE:
Photo ID is not required in any election in 2019. Beginning in 2020, North Carolina voters will be asked to provide photo identification when voting in-person or absentee-by-mail, with some exceptions.
FMHA is gearing up for the Annual HUD REAC Inspections. The next couple of months will be busy for our Housing Management and Maintenance Departments. But, it should also be a busy time for you – the resident. To prepare for inspections we need for you to do the following:

- Be sure that the inside and outside of all stoves and ovens, as well as range hoods and vents are thoroughly cleaned.
- Clean all drip pans. If they are worn or rusty or if they cannot be cleaned, they should be replaced. (Do not cover drip pans with foil).
- Clean any grease or grime from the cabinets, especially over the stove. Make sure the splash guard is cleaned. (A little bleach water works well for this)
- Clean inside of the refrigerator and freezer. Make sure you clean the rubber seal with sudsy water, but be careful not to damage the seal. (Don’t forget to wipe down the top and outside of your refrigerator).
- Wipe down all baseboards and light fixtures and wipe off all hand prints from walls.
- Clean any roach drippings from walls, doors, and light fixtures, closets, inside of the cabinets and behind all pictures with bleach water.
- Mop and wax all floors throughout the unit and clean all windows, window sills and window tracks.
- Clean/Shampoo all rugs and carpets. If rugs or carpets are dirty or worn out, remove them from your unit.
- Clean all closets and hang up all clothes or fold neatly.
- Throw away all newspapers, drink bottles, cans, paper bags and magazines.
- Do not hang clothes, bags, pocketbooks, wet towels, etc. on your cabinet doors, entrance door or door knobs as they can damage the doors and loosen the door knobs.

- Clean all bathroom toilets, fixtures, tubs, sinks, wall tile, molding and floors.
- Be sure your yard area is clean. (Remember, there is a $6.00 per day fine for litter.) Clean your outside storage building.
- Do not block any doors or windows in your unit. This is a safety hazard.
- Do not leave burning candles or incense unattended. This could result in a fire in your home

CALL IN A WORKORDER IF YOU HAVE ANY PROBLEMS OR BROKEN ITEMS THAT NEED REPAIR.

REMINDER OF FORBIDDEN ITEMS: No cords or wires lying across the floor, up the stairway or from room to room – this is a tripping hazard. Portable heaters are not allowed – this is a fire/safety hazard. No fans without the front and back covers on them and no broken glass in picture frames or cracked\broken mirrors – these are safety hazards. Please ensure that these items are not present in your unit.

~~~

This inspection is very important. Please be sure that your unit is ready. If you have any questions, contact your Housing Manager as soon as possible at 910-483-6980.

IT IS VERY IMPORTANT THAT ALL UNITS PASS INSPECTION. IF YOUR UNIT DOESN’T PASS, YOUR LEASE COULD BE SUBJECT TO TERMINATION.
Denise Lugo smiles as she holds her Escrow Check.

When Denise Lugo enrolled in the Family Self-Sufficiency (FSS) Program on November 1, 2015, she had dreams of making some drastic changes in her life. Denise had already been working in the medical field as a certified nursing assistant for over 20 years. Denise was a full-time employee at Southern Hospitality and a part-time employee at Dedication Home Health for 14 years. In 2018, Southern Hospitality was phased out and taken over by Progressive Home Health, and Denise transitioned as an employee of Progressive Home Health, where she is still currently employed.

While enrolled in the FSS Program and on the road to success, Denise encountered a few obstacles along the way, but she was able to maintain because of the support that she received from the FSS Program. Denise stated, “The program helped me with food, gas, and uniforms when I needed it.” Denise also stated, “I went to homeownership workshops, credit and money management classes, and I had a credit counselor to help me with my credit.” Denise served as the president of the FSS Program, completed four hours of in-house leadership training, completed leadership training through the City of Fayetteville’s Community Voices in January 2019, and attended the Resident Retreat in Charlotte, NC, in March 2019. On June 3, 2019, Denise was approved to purchase a Habitat home.

As Denise reflected over the past four years in the FSS Program, she reminisced of times of happiness and frustration. She chuckled as she recalled a time when she was going to quit the FSS Program because she felt defeated and wanted to give up pursuing some of her goals. Denise stated, “I know of one time I was going to quit the program, but Mrs. Shaw (FSS Case Manager) didn’t want me to quit, so we sat in her office and talked about it.” Denise said that she is so glad that she didn’t give up because the Program works, if you work the Program. Dreams really do come true!
Hooray, Lakeisha Hickman!

Lakeisha successfully completed the requirements to receive her associate degree in Early Childhood Education from Fayetteville Technical Community College. Lakeisha is currently employed as a teacher at Maholic Child Development Center in Fayetteville, NC.

Way to Go, Tyheana Weatherall!

Tyhena is currently enrolled in the Nursing Program at Fayetteville State University and will complete the academic requirements to receive her bachelor’s degree in Nursing in December 2019. Tyhena worked as a Certified Nursing Assistant II at Highsmith-Rainey Specialty Hospital until she resigned in March 2019 to complete the requirements for the nursing program. Tyhena was nominated by a school of nursing faculty at FSU to receive the “Great 100 Nurses of NC scholarship. On October 5, 2019, Tyhena attended the Great 100 Nurses of NC “black tie” event in Charlotte, NC.

Family Self-Sufficiency Program Participants Thinking Outside the Box!

FSS Program President Denise Lugo calls the meeting to order as Family Self-Sufficiency participants gather around the table at their bi-monthly meeting to discuss new ways to assist program staff on how to market and recruit new participants in the FSS Program. FSS participants suggested that the FSS team meet onsite at an FMHA apartment complex and share information about the Family Self-Sufficiency Program. On Thursday, August 8, 2019, FSS participants and staff launched their new marketing and recruiting plan and held two (2) information sessions at Blueberry Place. The information sessions included a PowerPoint presentation about the FSS Program and its enrollment requirements. Residents received hot dogs, cheeseburgers, chips, and drinks during the information session as they were given time to ask questions and provide feedback.
Classes at the Old Wilmington Road Neighborhood Resource Center

(910) 483-2945

Registration for all classes is required at least 3 business days in advance of the class start date.

NOTE: Class dates and times may change according to instructor availability, low turnout, illness, inclement weather or unforeseen circumstances. Attendees who have registered may be notified if class times change.

To register for classes contact the Old Wilmington Road Neighborhood Resource Center. Leave your name, phone number and/or email address and the name of the class(es) you would like to attend. This is also the number to call if you have questions about upcoming classes or events.

SCHOOL SUPPLY GIFT CARDS FOR FMHA RESIDENTS

Are still available for a limited time!

Gift cards are for students who have not received a gift card for the 2019 school year.

One card per student (kindergarten through college). Parents must bring a picture ID. College students must bring current school ID or proof of enrollment and valid picture ID.

Call for an appointment 910-483-2945 Ext. 1104

Gift Cards will be available until 5:00 p.m. on October 30, 2019.

GOOD HOUSEKEEPING

October 21 4:00 pm—5:00 pm

November 12 & 19 9:00 am—10:00 am

December 9 & 16 11:00 am—12:00 noon

Old Wilmington Road Neighborhood Resource Center

229 Lincoln Drive
Learn to make very special handmade gifts. **You will have an opportunity to sell** your crafts in the Artisan’s Alley Craft Show. Contact Resident Services to learn more about this special opportunity.

**Gifts Made Simple**

**October 23,**

**2:00 – 4:00 PM**

**November 18 and December 16**

**10:00 AM – 12:00 PM**

**Old Wilmington Rd. Neighborhood Resource Center**

229 Lincoln Dr.

Fayetteville, NC

**Call (910)483-2945**
CREDIT AND MONEY MANAGEMENT

October 16, 10:00 am – 12:00 pm
November 12, 2:00 pm – 3:00 pm
November 20, 10:00 am – 12:00 noon
December 10, 3 pm – 5:00 pm
December 18, 10 am – 12 noon

Old Wilmington Rd. Neighborhood Resource Center
229 Lincoln Dr.
(910)483-2945

From Projects to Prosperity

Meet Home Based Business Coach, Consultant and Author Evertrue Bell

She spent 30 years at the world’s largest direct sales company and became a National Independent Contractors Trainer in the Network Marketing Industry

October 29, 2019, 10:00 am – 12:00 pm
Old Wilmington Rd. Neighborhood Resource Center
229 Lincoln Dr.
Call 910-483-2945 to register
All registrants will receive a free gift
Seating is limited and will be distributed on a first come, first served basis

Learn the difference between:
A side hustle and a homebased business or a second job
Rich and wealthy
Learn:
What is the biggest risk to your financial life

“And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord.”
Luke 2:9-11
Possible Benefits of Learning to Play the Piano:

- Increased memory skills
- Improved eyesight
- Improved hearing
- Improved eye-hand coordination
- Decreased stressed levels

Where?
Old Wilmington Road Neighborhood Resource Center
229 Lincoln Drive Fayetteville, NC 28301
Wednesdays
10 am – 12 noon

Join us for Senior Citizens piano lessons. To register and for more information (910) 483-2945 X1104
THE SNYDER MUSIC ACADEMY & FAYETTEVILLE METROPOLITAN HOUSING AUTHORITY BRING KINDERMUSIK TO YOU!!!

Time: Thursdays, 10:00 am

Location: Old Wilmington Rd. Neighborhood Resource Center

Ages: 17 months-5 years (accompanied by parent/caregiver
Class size: Limited

Class will be filled on a first-come basis. Please call the Resource Center office at 483-2945 to pre-register your child.
Cost: FREE

HOPE TO SEE YOU THERE!
Nurturing Parent Classes

The Nurturing Parenting Programs are a family-centered trauma-informed initiative designed to build nurturing parenting skills to empower individuals and families with new knowledge, beliefs, strategies and skills to make good and healthy lifestyle choices. The Nurturing Parenting Programs target children from birth to 18 years of age. "The lessons are a versatile means of educating families in the community on the philosophy and skills of Nurturing Parenting.” The programs feature activities to foster positive parenting skills with nurturing behaviors, promote healthy physical and emotional development, and teach appropriate role and developmental expectations.

Come out and attend an upcoming Nurturing Parenting Program Workshop. Classes are held at Massey Hill Recreation Center on the 2nd Wednesday of the month from 5-7 pm. Classes (provided by a NC Licensed Professional Counselor and Nurturing Parenting Program Facilitator) are free of charge and open to the public.

Workshop titles vary month to month and include the following topics:

- The Philosophy and Practices of Nurturing Parenting
- Ages and Stages of Growth for Infants and Toddlers
- Ways to Enhance Positive Brain Development in Children and Teens
- Communicating with Respect
- Building Self-Worth in Children
- Understanding Feelings
- Understanding and Developing Family Morals, Values and Rules
- Children Praising Children and their Behavior
- Alternatives to Spanking
- Learning Positive Ways to Deal with Stress and Anger
Haven’t had a mammogram? This is what you could be missing.

With no-cost mammograms available at professional, medical facilities, there’s no reason to wait. The sooner you have a mammogram, the greater your chances are of finding cancer in its early stages and making a full recovery. It’s your life. Go live it.

Call 1-800-4-CANCER to schedule your mammogram today.

*Eligibility criteria may apply.
The Annual Senior Citizen’s Christmas Luncheon will be held at the Sandpiper Seafood Restaurant located on Eastern Boulevard on Wednesday, December 11th from 1:00 – 3:00.

You will receive a bus schedule in the mail in the next couple of weeks to let you know what time the bus will be in your neighborhood. If you will require assistance, please call and let us know. Please note: The bus cannot accommodate wheel chairs.

Although the bus does not pick up in Scattered Sites, seniors living in scattered site houses are welcome to attend.

Please return the below RSVP. Return it ASAP or call Jo Ann Wilkie at the Administrative Office to let her know you will be attending.

We are so looking forward to seeing each of you at the Luncheon.

For more information or to RSVP contact:

Jo Ann Wilkie
483-3648 ext. 402

---

**ANNUAL SENIOR CITIZEN’S CHRISTMAS LUNCHEON FOR FMHA SENIOR RESIDENTS—AGE 60+ YEARS OLD**

**DATE:**  
WEDNESDAY, DECEMBER 11, 2019

**TIME:**  
1:00 P.M.—3:00 P.M.

**LOCATION:**  
SANDPIPER SEAFOOD RESTAURANT—EASTERN BLVD.

---

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>___</strong> YES, I WILL BE ATTENDING THE CHRISTMAS LUNCHEON.</td>
<td></td>
</tr>
<tr>
<td><strong>___</strong> RIDING THE BUS</td>
<td><strong>___</strong> HAVE MY OWN TRANSPORTATION</td>
</tr>
</tbody>
</table>

**NAME:** ____________________________

**ADDRESS:** ____________________________

**SITE:** ____________________________

**TELEPHONE:** ____________________________

FILL OUT THIS FORM AND MAIL IT TO THE ADDRESS BELOW OR DROP IT OFF AT THE HOUSING MANAGEMENT OFFICE OR THE MAIN OFFICE LOCATED ON RAMSEY STREET. IF YOU HAVE ANY QUESTIONS, CONTACT JO ANN WILKIE AT 483-3648 EXT. 402.

FAYETTEVILLE METROPOLITAN HOUSING AUTHORITY

PO DRAWER 2349  FAYETTEVILLE, NC 28302
Be Safe on Halloween — October 31st

It’s time for Halloween parties and trick-or-treating! Take a few minutes to help keep children safe.

- Make sure to examine all treats for choking hazards and tampering before eating them.
- Wear costumes that fit properly and don’t cover kids’ eyes.
- Plan healthy treats. Instead of candy, offer safe nonfood treats or healthy snacks. Limit the amount of treats you eat.
- Always trick-or-treat in groups or with a trusted adult. Never trick-or-treat alone.
- Ensure safety on the street. Mark treat bags and costumes with reflective tape, and have children carry a flashlight so drivers can see them.
- Keep porches and walkways clear of candles and other obstacles. Always WALK and don’t run.

For more health games and tips, visit: www.cdc.gov/family/kids
Thanksgiving Dinner on a Budget

• Save money by buying a store-brand frozen turkey (use a coupon for extra savings).
• Make your own Thanksgiving basics—bread crumbs, corn bread, whipped cream, piecrusts, and chicken/turkey stock.
• Split large bags of onions, potatoes, celery, etc. with a friend who is willing to share the cost with you. Do the same for butter, eggs, sugar, flour, spices, etc. Buy in bulk and share.
• Use coupons and shop weekly specials, especially during the holidays when the stores are trying to get you to shop with them.
• Start watching the ads early. Some stores require you save your receipts to earn free or reduced-priced turkeys. Others offer a free turkey for a certain dollar amount in purchases. Do the math to see which store and which deal is the best for your family. Ingredients like sweet potatoes, canned pumpkin, cranberries, canned vegetables, butter, stuffing mix, and marshmallows go on sale during November. Watching the ads tells you when the price is right—and it’s not necessarily the week before Thanksgiving.
• Use frozen or canned products over fresh—many times they are cheaper and you can buy them ahead of time when they are on sale.
• Buy generic or store brands. They’re less expensive but just as good as name brands.
• Go to the store with a shopping list and stick to it. Don’t shop when you are hungry.
• Get together with family or friends to bake your pies, cakes and casseroles ahead of time and freeze them. You can share the cost of the ingredients and have a good time with your friends and/or family.
• Use your leftover turkey and vegetables in soups or casseroles. Eat the next day or freeze them for future use. Boil the turkey carcass in a large stock pot for a rich turkey stock. Remove bones and freeze stock to make soup at a later date.
• Thanksgiving potlucks are also a great way to share the cost with family and friends. Everyone can bring their favorite dish and the cost is not that great for any one person!
• Sit back and enjoy the day knowing that you shopped and prepared wisely!
PROUDLY SERVING CUMBERLAND COUNTY FOR OVER SEVENTY-FIVE YEARS

<table>
<thead>
<tr>
<th>FMHA OFFICES TELEPHONE NUMBERS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ADMINISTRATIVE OFFICES</strong></td>
<td>PHONE: 483-3648</td>
</tr>
<tr>
<td><strong>SECTION EIGHT OFFICE</strong></td>
<td>PHONE: 483-3648</td>
</tr>
<tr>
<td><strong>CASE MANAGEMENT OFFICE</strong></td>
<td>PHONE: 483-2945</td>
</tr>
<tr>
<td><strong>RESIDENT SERVICES OFFICE</strong></td>
<td>PHONE: 483-2945</td>
</tr>
<tr>
<td><strong>HOUSING MANAGEMENT OFFICE</strong></td>
<td>PHONE: 483-6980</td>
</tr>
<tr>
<td><strong>MAINTENANCE OFFICE</strong></td>
<td>PHONE: 483-9670</td>
</tr>
<tr>
<td><strong>AFTER-HOURS MAINTENANCE</strong></td>
<td>PHONE: 483-9670</td>
</tr>
<tr>
<td><strong>EDITOR: JO ANN WILKIE</strong></td>
<td>PHONE: 483-3648</td>
</tr>
</tbody>
</table>

**AGENCY E-MAIL: FAYMETHA@FMHANC.ORG**

**WEB ADDRESS: WWW.FAYETTEVILLEMETROHOUSINGAUTHORITY.ORG**