COMING UP SOON!!

2020 Annual Housekeeping Inspection Schedule

<table>
<thead>
<tr>
<th>Dates</th>
<th>Development</th>
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</thead>
<tbody>
<tr>
<td>March 2(^{nd}) - March 6(^{th})</td>
<td>Melvin Place</td>
</tr>
<tr>
<td>March 9(^{th}) – March 13(^{th})</td>
<td>Lewis Heights</td>
</tr>
<tr>
<td>March 16(^{th}) - March 20(^{th})</td>
<td>Stanton Arms</td>
</tr>
<tr>
<td>March 23(^{rd}) – March 27(^{th})</td>
<td>Point Place</td>
</tr>
<tr>
<td>March 30(^{th}) - April 3(^{rd})</td>
<td>Blueberry Place</td>
</tr>
<tr>
<td>April 6(^{th}) – April 14(^{th})</td>
<td>Murchison Townhouses</td>
</tr>
<tr>
<td>April 15(^{th}) – April 22(^{nd})</td>
<td>Holland Homes</td>
</tr>
<tr>
<td>April 23(^{rd}) – April 29(^{th})</td>
<td>McNeil Apts</td>
</tr>
</tbody>
</table>

*PLEASE BE READY FOR THIS IMPORTANT INSPECTION*

FOR MORE INFORMATION, PLEASE CONTACT YOUR HOUSING MANAGER AT (910) 483-6980.

Managers:

MP, LH, SA, PP, BP, MT, HH & MA-
Jessica Brown & Surina Williams-Henley
DO YOU HAVE A NEW TELEPHONE OR EMERGENCY CONTACT NUMBER?
Remember to inform Housing Management when you get a new telephone number or if your emergency contact number changes. We need to keep your file up to date in case we need to contact you, or in case of an emergency.
HOUSING MANAGEMENT OFFICE
EUTAW SHOPPING CENTER
LOWER LEVEL
SUITE 803-J

Hours of Business for Rent Payments and All Lease Matters:
Monday & Wednesday—Friday 8:30 a.m.—5:00 p.m.

TUESDAY:
Open for Rent Payments Only 8:30 a.m.—5:00 p.m.

Phone: 910–483-6980

FRAUD = STEALING

FRAUD is when you, or someone in your household, is working or receiving income and not reporting it. FRAUD is having someone live with you who is not on your lease. Does this fit someone you know? If so, report it to the Housing Management Office. All calls are handled confidentially. 910-483-6980.

Changes must be reported in a timely manner.

Increases in Social Security, SSI and VA Benefits that occurred at the 1st of the year should be reported immediately. As always, all changes should be reported within 10 days of the change - per your lease.

RENT PAYMENT SCHEDULE
January 2020—January 2021

<table>
<thead>
<tr>
<th>Month</th>
<th>5th working day (before the late fee)</th>
<th>Late Letter Date</th>
<th>Last day to pay on late letter</th>
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<tbody>
<tr>
<td>January</td>
<td>8th</td>
<td>10th</td>
<td>24th</td>
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<tr>
<td>February</td>
<td>7th</td>
<td>11th</td>
<td>25th</td>
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<tr>
<td>March</td>
<td>6th</td>
<td>10th</td>
<td>24th</td>
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<tr>
<td>April</td>
<td>7th</td>
<td>9th</td>
<td>23rd</td>
</tr>
<tr>
<td>May</td>
<td>7th</td>
<td>11th</td>
<td>26th</td>
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<tr>
<td>June</td>
<td>5th</td>
<td>9th</td>
<td>23rd</td>
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<tr>
<td>July</td>
<td>8th</td>
<td>10th</td>
<td>24th</td>
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<tr>
<td>August</td>
<td>7th</td>
<td>11th</td>
<td>25th</td>
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<tr>
<td>September</td>
<td>8th</td>
<td>10th</td>
<td>24th</td>
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<tr>
<td>October</td>
<td>7th</td>
<td>9th</td>
<td>23rd</td>
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<tr>
<td>November</td>
<td>6th</td>
<td>10th</td>
<td>24th</td>
</tr>
<tr>
<td>December</td>
<td>7th</td>
<td>8th</td>
<td>28th</td>
</tr>
<tr>
<td>January 2021</td>
<td>8th</td>
<td>12th</td>
<td>26th</td>
</tr>
</tbody>
</table>
DO YOU HAVE PEST ISSUES?

Did you know that just one of these little creatures in your unit could cause you to **FAIL** an inspection? Roaches carry filth and disease and they multiply rapidly by the thousands and will infest your home and spread to your surrounding neighbors very quickly.

Do not jeopardize your housing. FMHA provides pest control services in all units at no cost to the resident. If you see a roach in your home, report it immediately so that the exterminator can be scheduled to treat your unit as quickly as possible! Call Maintenance at **910-483-9670** to schedule your unit for treatment.

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**WORK ORDERS—WORK ORDERS—WORK ORDERS**

**CALL: 910-483-9670**

If something in your home is not functioning properly or is broken—call in a Work Order to have it repaired as soon as possible.

Items left broken or not working properly can go on to cause even greater problems or could actually end up costing more to repair than if it had been taken care of immediately. This will also be a help to the Housing Authority. Keeping units in good repair year round make it much easier on you, the tenant, and on Maintenance when it comes inspection time.

Also, when you call Maintenance, be sure to write down the Work Order Number for future reference, should you need it.
Information you need to know -
Air Conditioner Installation
from your Maintenance Department

A. There is a charge of $24.00, billed to the tenant's account, for A/C unit installation.

B. Tenant must provide 2 brackets, which are L-shaped bars. These brackets hold the a/c unit up on the exterior of the apartment.

C. Tenant must inform the Work Order Clerk as to the voltage of the a/c unit. **120v or 220v**. If the a/c unit is a 220v, the plug will have to be changed out before the a/c is installed. The cost is $50.00, charged to the tenant.

D. Tenant must inform the Work Order Clerk where they want the unit installed—living room or upstairs bedroom.

E. Tenant must have the a/c unit sitting under the window they want it installed in. Maintenance will not move the unit off of a table, out of a closet or vehicle or carry upstairs, etc.

F. BTU (British Thermal Unit) -

BTU is the unit used to measure thermal heat energy. The BTU is used to help you determine what size a/c unit is needed to cool your space. Recommendations are as follows:

- 400 to 700 Sq. Ft. - 14,000 BTUs - 1 Bedroom
- 700 to 900 Sq. Ft. - 18,000 BTUs - 2 Bedrooms
- 900 to 1,000 Sq. Ft. - 21,000 BTUs - 3 Bedrooms
- 1,000 to 1,400 Sq. Ft. - 23,000 BTUs - 4 & 5 Bedrooms

**NOTE:**
The tenant will not be charged to change out an old a/c unit to a new one or to transfer the a/c unit to another apartment. Air Conditioner installation is a one time charge.

To schedule an install/remove call 910-483-9670.
KAREN BOWENS
DIRECTOR OF RESIDENT SERVICES
Office Location:
Old Wilmington Road Neighborhood Resource Center
229 Lincoln Drive
Contact Information: Phone: (910) 483-2945 Ext. 1104
E-Mail: kbowens@fmhanc.org

OH WHAT FUN!
2020 Senior Citizen’s Christmas Luncheon December 11th at Sandpiper’s Seafood Restaurant
FMHA RESIDENTS ONLY

National Association of Housing and Redevelopment Officials

SCHOLARSHIP OPPORTUNITY

Contact Resident Services Now for More Information

Call 910-483-2945 Ext. 1104 no later than March 30, 2020
Leave a message with your name address and phone number where you can be reached. High School or college transcripts will be required.

Connections Matter™
TWO HOUR TRAINING

WHAT IS CONNECTIONS MATTER?
Connections Matter is a community-based initiative that invites attendees to explore how the connections we make in life profoundly impact our brain’s ability to grow and our own individual abilities to cope and thrive. In this workshop, we explore topics such as Adverse Childhood Experiences (ACEs), trauma, brain development, and resilience. We will teach you how these topics intersect with one another, and, most importantly, how you can apply these concepts within your own life and your respective communities.

Connections Matter ultimately strives to promote the building of more resilient, compassionate, and trauma-informed communities - thus allowing all children and individuals to succeed.

WHO SHOULD ATTEND?
- Parents
- Community Members
- Childcare/Family Support Professionals
- Non-profit Professionals
- Medical/Human Services Providers
- Faith Organizations

DATE:
February 14th | 10AM-12PM

LOCATION:
Old Wilmington Road Neighborhood Resource Center
229 Lincolin Drive
Fayetteville, NC 28301

TO REGISTER, visit:
ncdarcareevents@gmail.com
Please include:
1. Name
2. Total of Attendees

IMPORTANT:
PHOTO ID IS NOT REQUIRED FOR THE MARCH 3 PRIMARY ELECTION

VOTERS ARE NOT REQUIRED TO SHOW PHOTO ID FOR THE MARCH 2020 PRIMARY ELECTION.
GIFTS MADE SIMPLE
FLEX YOUR CRAFTING MUSCLES!
SAVE MONEY and GIVE MEANINGFUL GIFTS

11:00 am February 5
11:00 am March 4

Old Wilmington Rd. Neighborhood Resource Center
229 Lincoln Dr.
Fayetteville, NC 28301

For more information or to register, call 910-483-2945

GOOD HOUSEKEEPING

February 3, 17
9:30 AM

March 2, 16
9:30 AM

Old Wilmington Rd. Neighborhood Resource Center
229 Lincoln Dr.,
Fayetteville, NC 28301

To register call 910-483-2945
SENIOR PIANO LESSONS

WEDNESDAYS AT 10 AM
OWRNRC
INSTRUCTOR – OCTAVIA IVORY

Enjoy a fun relaxing time with other senior citizens who enjoy music!

SMART SPENDING

11:00 am
February 3, 2020
February 17, 2020
March 2, 2020
March 16, 2020

Old Wilmington Rd. Neighborhood Resource Center
229 Lincoln Dr., Fayetteville, NC 28301

For more information or to register, call (910) 483-2945
Please register at least 1 week before class.

Leave a message with your name, address, phone number, and the name of the class.
SET YOUR KIDS UP FOR SUCCESS!
Register Your Child for the FMHA Student Awards Program Today

HOW TO REGISTER:
Submit a copy of your child’s most recent report card:
To the Resident Services Department of the Fayetteville Metropolitan Housing Authority

Each submission must include:

- Name and phone number of the head of household
- Home address
- Name of the student
- Student’s age grade and school

Questions? Contact Karen Bowens at kbowens@fmhanc.org or (910) 483-2945 Ext. 1104.

An investment in knowledge pays the best interest.
Benjamin Franklin
CHILDREN’S PIANO LESSONS

To register and put your child’s name on the waiting list or
For more information call (910) 483-2945 X1104
Old Wilmington Road Neighborhood Resource Center
229 Lincoln Drive Fayetteville, NC 28301
Tuesdays 3:30 pm – 5:45 pm

Photos from the Winter Piano Recital
held December 10th
Students range from age 5 to early teens.
Instructor: Anna Bunn
Snyder Music Academy
What is FSS?
Family Self-Sufficiency (FSS) is a program designed to help low-income families gain education and job skills in order to improve their family’s financial situation and overall quality of life.

Who Can Participate?
Family Self-Sufficiency is open to low-income families and single persons who live in public housing and are interested in pursuing further education in the form of GED, high school diploma, training certificate or a college degree. Applicants may currently be enrolled in a school or a job-training program, be receiving welfare, be employed or unemployed.

What is an Escrow Account?
An escrow account is a savings account established by FMHA for an FSS participant. By participating in the FSS program, participants become eligible for an escrow account if they begin employment or report a pay increase. Money is deposited into their escrow account monthly.

Services offered by the FSS program
- Comprehensive Case Management
- Education Assistance
- Quarterly Food Boxes
- Quarterly Newsletter
- Computer Lab
- Free tax preparation

Services offered through community partners
- Bus pass/Gas voucher
- Career Counseling through Employment Security commission
- Resume writing and job search assistance

At the Old Wilmington Road Neighborhood Resource Center FSS participants have access to computers to post resumes, write cover letters and search for employment

• Academic advising and financial aid assistance through Fayetteville Technical Community College
• Credit Counseling through Consumer Credit Counseling Service of Fayetteville

Educational Opportunities
• General Educational Development (GED)
• Certified Nursing Assistant (C.N.A.)
• Early Childhood Education Certification
• Pharmacy Technician
• Medical Assisting
• Paralegal
• Veterinary Technician
• AA, BA degree and more

The Family Self-Sufficiency Program can provide the kind of support necessary for you to reach your goals and become self-sufficient. Interested participants must be motivated and willing to enroll in school, vocational training and actively seek employment.
"What Home Means to Me"
2020 Poster Contest
(All school-aged residents, k-12)

PARENTS!

If your child likes to draw, paint, color, write, and create colorful pictures using art supplies, please consider registering him or her for the 2020 Poster Contest. Contest participation is open to all children in grades K-12. All contestants are asked to provide a short narrative on the inspiration, vision, and importance of their poster design. If interested, please contact Karen Moore Bowens or Teresa W. Anthony at (910)483-2945. A meeting will be held on Thursday, March 12, 2020, at 5:30 p.m. at the Old Wilmington Road Neighborhood Resource Center to discuss contest rules and requirements. Poster paper and arts supplies will be provided.
The participants in the Family Self-Sufficiency (FSS) Program jumpstarted their 2020 New Year meeting by holding a planning session to discuss program advancement, community events, and group projects.

New FSS officers were elected during the meeting. Tamiko Hill will serve as FSS President, Keanna McGhee will serve as Vice-President, and Roberta Owens will serve as Secretary during the year.

While the FSS participants were discussing future plans, their children were provided color pencils, markers, and paper for them to begin thinking about the picture and short narrative that they would like to submit in the National Association of Housing Redevelopment Officials (NAHRO) “What Home Means to Me” 2020 poster contest.
## Signs and Symptoms

<table>
<thead>
<tr>
<th></th>
<th>Cold</th>
<th>Flu</th>
</tr>
</thead>
<tbody>
<tr>
<td>Symptom onset</td>
<td>Gradual</td>
<td>Abrupt</td>
</tr>
<tr>
<td>Fever</td>
<td>Rare</td>
<td>Usual</td>
</tr>
<tr>
<td>Aches</td>
<td>Slight</td>
<td>Usual</td>
</tr>
<tr>
<td>Chills</td>
<td>Uncommon</td>
<td>Fairly common</td>
</tr>
<tr>
<td>Fatigue, weakness</td>
<td>Sometimes</td>
<td>Usual</td>
</tr>
<tr>
<td>Sneezing</td>
<td>Common</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Chest discomfort, cough</td>
<td>Mild to moderate</td>
<td>Common</td>
</tr>
<tr>
<td>Stuffy nose</td>
<td>Common</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Sore throat</td>
<td>Common</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Headache</td>
<td>Rare</td>
<td>Common</td>
</tr>
</tbody>
</table>

# Take Action to Prevent Flu

**Get Yourself and Your Family Vaccinated!**

**#FightFlu**

[Logo: CDC]
PROUDLY SERVING CUMBERLAND COUNTY FOR EIGHTY YEARS

## FMHA OFFICES TELEPHONE NUMBERS

<table>
<thead>
<tr>
<th>Office</th>
<th>Phone</th>
</tr>
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<tbody>
<tr>
<td>Administrative Offices</td>
<td>483-3648</td>
</tr>
<tr>
<td>Section Eight Office</td>
<td>483-3648</td>
</tr>
<tr>
<td>Case Management Office</td>
<td>483-2945</td>
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<tr>
<td>Resident Services Office</td>
<td>483-2945</td>
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<tr>
<td>Housing Management Office</td>
<td>483-6980</td>
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<td>Maintenance Office</td>
<td>483-9670</td>
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<tr>
<td>After-Hours Maintenance</td>
<td>483-9670</td>
</tr>
<tr>
<td>Editor: Jo Ann Wilkie</td>
<td>483-3648</td>
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</table>

Agency E-mail: FAYMETHA@FMHANC.ORG

Web Address: WWW.FAYETTEVILLEMETROHOUSINGAUTHORITY.ORG